



The Tucson Postpartum Depression Coalition (TPDC) and the Southern Arizona Psychological Association (SAPA) will be cohosting a screening of the acclaimed film

"Dark Side of the Full Moon"

***Monday, December 7, 2015 from 6:00 PM to 9:00 PM
The Loft Cinema***

Description:

Maternal mental illness is a frequently overlooked area of women's health. One in seven women will experience a mood or anxiety disorder during pregnancy or the postpartum period. However, only a subset of these women are screened, referred, and treated. The film "Dark Side of the Full Moon" highlights the challenges that perinatal women face when they find themselves experiencing symptoms. Gaps in care and an absence of a coordinated and comprehensive protocol in healthcare systems can lead to devastating outcomes. Many of these gaps can be ameliorated by healthcare professionals who provide women and families with information, recognize and screen for symptoms, provide appropriate referrals and/or treatment, follow up to ensure that treatment was provided, and advocate for improved practices in their community.

A psychologist who works in the perinatal mood and anxiety disorder community will provide a brief introduction to the film. The film will be followed by a moderated panel discussion in which community professionals and a mom-survivor will answer questions about the film and the experience working with (or in the case of the mom-survivor, being part of) this population in Southern Arizona.

This introductory presentation will help participants:

1. Participants will describe the barriers to identifying mothers at risk for perinatal anxiety/depression.
2. Participants will apply this information to improve ability to recognize symptoms and develop a treatment plan for mothers with perinatal mood and anxiety disorders.
3. Participants will use this information to advocate for awareness and treatment of perinatal mood and anxiety disorders.

About the panel:

The film screening will be followed by a one hour moderated panel discussion with community experts and mom survivor.

Panelists Include:

Jennifer H. Breslin, PhD

Wen Cai, MD, PhD
Valerie Kading, MSN, NP
Senator Linda Lopez (retired)
Judith E. Riley, MD
Kathy W. Smith, MD

To see a bio on each panelist, please visit <https://www.eventbrite.com/e/film-screening-panel-discussion-dark-side-of-the-full-moon-tickets-19266322088> or at www.sapaonline.org

Date: Monday, December 7, 2015

Time: 6:00-9:00 PM

Location: The Loft Cinema
3233 East Speedway Boulevard
Tucson, AZ 85716

CE's: 1 CE

Registration Fees:

General Admission \$14.00 plus \$1.27 fee
Psychologist Ticket \$14.00 plus \$1.27 fee

Registration:

Registration deadline is 12/7/15. Register online at SAPA (<http://www.sapaonline.org/events>) or go directly to the registration page (<https://www.eventbrite.com/e/film-screening-panel-discussion-dark-side-of-the-full-moon-tickets-19266322088>). For questions about this event, contact Patricia Beldotti, PsyD, SAPA CE Committee Chair (drbeldotti@aol.com).

Continuation Education Credits:

This event is offered for one (1) Category 1 CE Credit. Participants must sign in, be present for the entire presentation, and complete the Evaluation Questionnaire in order to obtain a CE Certificate. The Southern Arizona Psychological Association (SAPA) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. SAPA maintains responsibility for all of its programs and content. Questions about this presentation may be addressed to drbeldotti@aol.com.



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