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**SAPA Digest 05/18/15**

1 message

**Southern Arizona Psychological Association** <admin@mysapa.org>

Thu, Sep 22, 2016 at 3:07 PM

Reply-To: "Admin, SAPA" &lt;sapaweb@gmail.com&gt;

To: SAPA Admin &lt;sapaweb@gmail.com&gt;

**Southern Arizona Psychological Association***Connecting for healthy communities*

## SAPA Digest

May 18, 2015

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### SAPA and The Loft present **Bite Size**

**Wednesday, May 27th**  
**The Loft Cinema**  
**(3233 E. Speedway)**  
**7:00 pm**



### Contents

- [SAPA Announcements](#)
- [SAPA Events](#)
- [Other Events](#)

### Upcoming Events

[SAPA & The Loft present](#)  
[Bite Size](#)

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SAPA is co-presenting with The Loft the screening of the film **Bite Size**, on Wednesday May 27th at 7pm.

Featuring a special introduction by Tucsonan Hailie Thomas, a nationally-recognized youth health advocate, motivational speaker and young chef recently featured in O Magazine and the Food Network's "Rachael vs. Guy Kids Cook-Off!" Co-presented by The HAPPY Organization, Edible Baja Arizona, Southern Arizona Psychological Association and The Loft Cinema.

Four middle-schoolers from diverse backgrounds struggle with bullying, health challenges, and mixed messages from loved ones, in this sensitive and thought-provoking documentary on the obesity epidemic currently affecting one in three American children.

SAPA will be present at the event to provide information to the public on the role of psychologists. We invite all members of SAPA to attend the event and to share this information with

friends and colleagues.

For more information and to see the film's trailer, click [here](#).

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## SAPA Announcements

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### **SAPA Members in the Spotlight**

SAPA member [Brian Walker](#) has published the book "Don't Be So Angry!" It is a comprehensive guide to anger control and conflict resolution. The book is available on [Amazon](#) and can be purchased through most major bookstores. Congratulations, Brian!

### **Welcome New SAPA Member!**

Welcome to new member [Kate Drury](#)! Kate will be graduating this summer from Concordia University in Montreal, and relocating to Tucson. She is interested in networking and job opportunities in our community. Here is an introduction from Kate herself:

My name is Kate Drury and I'm currently finishing a PhD in Clinical Psychology at Concordia University in Montreal and will be defending my thesis in June 2015. The focus of my PhD was the intersection of gender identity and sexuality in adolescence. I have been published in over four academic journals and my research on gender identity in schools has been featured in national newspapers across Canada.

Last year I completed my predoctoral internship at the McGill University Health Centre, which included rotations in a Sex and Couple Therapy Service, an Anxiety Disorders Program, an OCD clinic and a Borderline Personality Disorder clinic. I found working with individuals with BPD to be particularly rewarding and am very interested in pursuing a career working with this population. My clinical experience prior to internship is also quite varied and includes working on an inpatient ward, a first episode psychosis clinic and a trauma centre for refugees.

I will be moving to Tucson early next year and am currently exploring job opportunities suited to my interests and expertise. Please feel free to contact me at [katemillsdrury@gmail.com](mailto:katemillsdrury@gmail.com). I would be happy to forward my resume and to provide further information about my skill set and clinical experience.

### **Database of Therapeutic Groups**

SAPA Communications would like to generate a list of therapeutic groups that are running in Tucson and Southern Arizona. If you have a group that you would like to advertise, please send a brief description to [sapaweb@gmail.com](mailto:sapaweb@gmail.com). A list will be compiled for our website as a resource to our members and to the public.

## "Find a Local Psychologist" Feature

Did you know that more people seeking psychological services are using our "Find a Local Psychologist" database? Did you also know that you can change your practice description at any time?

This summer is a great time to review and edit your practice description to more fully describe your practice and help potential clients find you. Go to [sapaonline.org](http://sapaonline.org) and use your member log in to access the member portal. Once you've logged in, click on your name, and this will take you to your member profile. At the top of the page, click "Edit Profile" to make any changes. Don't forget to hit "Save" at the bottom of the page before exiting.

In the box labeled "Description of Practice", remember to use common keywords to describe your areas of expertise. Clients frequently use the keyword search to narrow down their list of possible therapists.

## SAPA Classifieds

Dr. Necoe Otto-Parkinson's Inner Journey Psychological Services practice has relocated to the Northwest side. Learn more about these and other practice-related news and opportunities [here](#).

Send us your announcements for the digest! Appropriate announcements include practice openings or changes, office space listings, new publications, and other announcements relevant to our members. Send them to [sapaweb@gmail.com](mailto:sapaweb@gmail.com). All current announcements can also be found on the [SAPA Classifieds page](#).

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## Upcoming SAPA Events

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### Wednesday, May 27th: Bite Size

Presented by: SAPA, The HAPPY Organization, Edible Baja Arizona, and The Loft cinema  
Time: 7:00PM  
Location: The Loft Cinema (3233 E. Speedway Blvd.)  
More information [here](#).

### SAVE THE DATE! Saturday, September 19

David Lisak, Ph.D. will be doing a full-day presentation for SAPA on trauma (6 CE's). Sponsorship opportunities are available for this event. For more information, click [here](#).

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## Other Events

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No upcoming events.

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