
SAPA Digest 09/15/15

1 message

Southern Arizona Psychological Association <admin@mysapa.org>

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Reply-To: "Admin, SAPA" <sapaweb@gmail.com>

To: SAPA Admin <sapaweb@gmail.com>



Southern Arizona Psychological Association

Connecting for healthy communities

SAPA Digest

September 15, 2015

SAPA Announcements

TIME TO RENEW YOUR MEMBERSHIP!

A friendly reminder that your SAPA 2015-2016 membership registration is due this month. Our deepest thanks to those of you who have already renewed and added a **Round Up donation!** These funds are used to keep out CE fees down, and to subsidize student tickets. You can also update your profile and review your entry in the "Find a Local Psychologist" database. Please click [here](#) to log in to your SAPA account and renew.

SAPA 2015 ELECTIONS JOIN THE EXECUTIVE BOARD!

Labor Day is past, and it's time to put away your white belt and white pants and to start thinking about joining SAPA's board. SAPA is in the midst of some dynamic changes looking to both broaden and deepen our connections to the community at large and to our community of psychologists. Members of the board are working to expand our role in southern Arizona by not only promoting the field of psychology, but by interacting with other agencies and professionals in a synergistic manner. We are deepening our relationship with the Loft where we are continuing to sponsor a number of films of psychological interest but are also exploring developing a Psychological Film Series. David Lisak, a nationally renowned speaker, will address the SAPA community and the broader community of providers in Tucson. At the same time, based on feedback from members who requested more opportunities to

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Upcoming Events

First ever SAPPY HOUR!

This Friday, Sep. 18

Neurobiology of TraumaLast day to register is **TODAY!****Save the Dates:**

(Registration coming soon)

* Childhood Abuse & Historical Trauma (Oct. 2)

* SAPA Fall Luncheons (Oct. 20, Nov. 17)

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network and interact with each other, we will be initiating a series of happy hour gatherings along with other social events. Additionally, we are re-initiating the luncheon CEs this fall.

We have been able to develop these programs because of the efforts of our board and many new ideas brought by its members. We continue to look for psychologists to join us and contribute to our growth. Please consider volunteering your time. This is a very collegial group and all of our current members have benefited from their membership as well as contributed to health and growth of our organization.

The following positions will be open for the coming year. **For a description of the positions, click [here](#).** If you are interested, contact Duffy Wagman at duffy.wagman@hotmail.com, the chair of this year's Nominating Committee. If you are nominating yourself (strongly encouraged), please include a brief biography that we can include with the ballot. The expected term for President Elect is 3 years, (President-Elect, President, Past President); the other terms are for two years. The board meets about 10 times a year, the first Tuesday of most months, for 60 to 90 minutes.

Open Positions

- President-Elect
- Treasurer
- Communications
- Program Committee
- Professional Outreach
- School Psychology
- Psychology and the Law
- Life Member
- Member at Large (2 positions)
- Student Representative

FACING THE SHADOW GROUP

The Facing the Shadow group will help individuals identify problematic sexual behaviors, manage urges as they arise, and promote healthy recovery behaviors. the group will be facilitated by Dr. Shannon Sticken, CSAT. The group will begin on Tuesday October 6, 2015 and will be held for 6-week intervals, 5:30 to 7:00pm. The cost for the group will be \$60 per group. Please contact Dr. Sticken at [520-326-5761](tel:520-326-5761) if you have a client that you would like to refer to this group.

SAPA CLASSIFIEDS: SMALL OFFICE SUITE AVAILABLE

Approximately 350 sq ft in the large Cambria Complex on the SW corner of River and Campbell. It includes utilities, janitorial, maintenance, security, and a covered parking space. For more information, click [here](#).

CARPOOL TO 2015 AzPA CONVENTION

If anyone is interested in carpooling and sharing a room at the AzPA Convention October 16 and 17, contact Sharon Arkin, PsyD at 603-2912.

**"STROLL FOR WELL BEING" PROGRAM AT YUME
JAPANESE GARDENS OF TUCSON**

Yume Japanese Gardens of Tucson is instituting a transformative "Stroll for Well Being" program this fall, involving therapeutic garden walks and guided self-reflection for persons suffering from stress, depression, or mental exhaustion. Those interested in a presentation of the new program as reference for patients can attend a presentation by Dr. Ruth McCaffrey, professor at the Christine E. Lynn College of Nursing at Florida Atlantic University. Her research underlies this path breaking program. Her presentation will be held on Friday October 18 at 3pm at the Yume Japanese Gardens. Please RSVP to yume.gardens@gmail.com.

Patricia Deridder
Executive Director

JOB OPENINGS

**MTC Medical - Psychologist
Arizona State Prison Complex (Kingman)**

At MTC, caring about others, giving back, and making a social impact are the foundation of all we do. Since 2005, MTC Medical has made a social impact by improving the healthcare that offenders receive. We providing quality medical, dental, and mental health services to more than 19,000 offenders at 15 facilities, while also promoting healthy lifestyles.

MTC Medical is currently seeking a full or part-time Psychologist at the Arizona State Prison Complex – Kingman in Golden Valley, Arizona. This position is responsible for directing the facility mental health program and ensuring that appropriate care is accessible and provided to the inmate population in a timely fashion.

This position requires Doctorate in Psychology, Social Work, Counseling or related field and current license from the appropriate state board. Two years of experience in the corrections or criminal justice field is preferred. Qualified candidates should also possess a valid driver's license in the state of Arizona with an acceptable driving record.

MTC Medical offers a competitive compensation and benefit package. To learn more about this opportunity or to apply online, visit our website at www.mtcmedical.com. If you have questions or would like more information, please contact Suzi Campbell at 800-574-4682 or suzi.campbell@mtctrains.com.

MTC Medical is an Equal Opportunity Employer Minority/Female /Disabled/Veteran.

Upcoming SAPA Events

JOIN US FOR THE FIRST EVER SAPPY HOUR!

Dear SAPA members,

The SAPA Board is proud to offer a series of events for the sole purpose of socializing, networking, and generally enjoying the company of our colleagues.

Please join us on **Friday September 18 from 5 - 7 PM** for the first ever Sappy Hour at the **Hilton El Conquistador** (10000 N. Oracle Rd.). Board members will be present to host and greet. We hope you can join (and feel free to bring friends)!

Keep an eye for October, when Yoendry Torres will be sending an invite and hosting a series of hikes throughout the year.

We hope you can join!

NEUROBIOLOGY OF TRAUMA

Last Day to Register is Today, 09/15!

Presenter: David Lisak, PhD
Date: Saturday, September 19
Time: 8:30AM - 4:30 PM
Location: Hilton El Conquistador (10000 N. Oracle Rd.)
CEUs: 6

For more information, and to register, click [here](#).

SAVE THE DATE: CHILDHOOD ABUSE & HISTORICAL TRAUMA: INTERACTIONS & IMPLICATIONS FOR TREATMENT

Presenter: Mayday Levine-Mata, PsyD
Date: Friday, October 2
Location: TBD
CEUs: 3
Registration coming soon.

SAVE THE DATES: FALL SAPA LUNCHEONS

Date: Tuesdays
Time: 12:00 - 1:00 PM
Location: DoubleTree Reid Park (445 S. Alvernon Way)
Registration coming soon.

[Diffusing Anger in Adolescents](#)

Date: Tuesday, October 20
Presenter: Ugochukwu Uche, MS, LPC

[The Transformational Process: An Integrative Look at How People Change and How We Can Support Them](#)

Date: Tuesday, November 17
Presenter: Anne Marie Chiasson, MD

THE 20TH ANNUAL SAPA STUDENT AND INTERN RECEPTION

Date: Friday, November 20
Time: 5:30 - 7:30 PM

For more information, contact Mary-Frances O'Connor at mfoconnor@email.arizona.edu

**SAVE THE DATE:
SAPA HOLIDAY PARTY**

Date: Friday, December 4th
More details coming soon.

Other Events

SAPA neither sponsors nor endorses the following events, but provides the information as a service to our members.

**TREATMENT OF EATING DISORDERS FROM A
PSYCHODYNAMICALLY INFORMED PERSPECTIVE:
WHY, WHEN, AND (MAYBE EVEN) HOW**

Presenter: Barbara Pritchard, PhD
Date: September 30, 2015, 7:45 - 11:30am
Location: Catalina United Methodist Church (2700 E. Speedway)
Presented by: IAEDP Tucson
CEs: 3
Cost: IAEDP Members \$30, Non-Members \$35, Students \$10,
At the door \$40

This intermediate presentation is designed to help you 1) Describe the factors influencing the typical course and outcome of eating disorders; 2) List the criteria for defining psychodynamically-informed treatment of eating disorders; and 3) Use a set of guidelines for selecting and applying a psychodynamically-informed treatment approach as distinct from other treatment approaches.

For more information and to register, click [here](#).

AZPA'S ABPP CE SALON

Presenter: Michael Tansy, President Elect of ABPP
Date: Saturday, October 3
Time: 2:30 - 4:30 PM
Location: I-10 and Camino del Cerro/Silverbell (Dr. Comel Belin's home)
CEs: 2
Cost: AzPA members free, non-members \$10 (with CE)

AzPA membership is not required. Dr. Comel Belin has opened up her home for this event and the potluck party to follow. Please join us for both (separate registration links below).

Dr. Michael Tansy, President Elect of ABPP will again be presenting. Folks who would be interested in the ABPP salon are psychologists or psychologists-to-be who may in the future want to pursue board certification; we also encourage student involvement, as there are early entry options for students to begin the process now! Several did after our last session!

Please click [here](#) to register for the ABPP CE Salon.

Please register separately for the party to follow at 5pm. AzPA membership is not required! This event is for anyone, psychologists, social workers, life coaches, physicians, accountants. Basically

anyone interested in partying in honor of mental health advocacy in AZ. The more the merrier. The event will end at 8pm.

Register [here](#) for the potluck party.

CLASS ON TRAUMA AND DID

Presenter: Sereta Robinson

Start date: October 5 (once a month for 8 months)

CEUs: 20

I'm a psychologist whose specialty is Trauma and DID. I'm on the faculty of the International Society for the Study of Trauma and Dissociation (ISSTD). Given that there is still so much skepticism about this diagnosis, before I retire I would like to offer another educational opportunity in this area of psychotherapy.

To this end, I will be starting an ISSTD class in Tucson on October 5 which will meet evenings once a month for 8 months and will provide 20 CEUs. Enrollment will be limited to 8 students.

For more information about the class, go to the ISSTD training link ([here](#)) and scroll down to Standard Course Part I - Session Topics and Objectives. If you would like to register, then go [here](#).

For any other questions, please contact me by phone ([520-323-2670](tel:520-323-2670)) or email (seretarobinson@yahoo.com) for more information, if you're interested.

DEVELOPING AND EXPANDING YOUR BEHAVIORAL SLEEP MEDICINE PRACTICE: A CASE-BASED APPROACH

Date: October 17-18

Location: AASM National Office - Darien, Illinois

Presented by: The Society for Behavioral Sleep Medicine

The Society for Behavioral Sleep Medicine announces their Fall Course Developing and Expanding your BSM Practice: A Case-Based approach. This course is being chaired by Tucson psychologist and professor Patricia Haynes, PhD, CBSM.

This one-and-a-half-day course will examine state-of-the-art assessment and treatment strategies in behavioral sleep medicine through lectures incorporating a case-based approach. Sessions will focus on managing common sleep disorders with an emphasis on patient-centered care. Discussion will focus on state-of-the-art management strategies for clinicians to employ in their behavioral sleep medicine practice.

For more information, and to register, click [here](#).

SAVE THE DATE! 8 CLOCK HOURS ON ETHICS & DIVERSITY

Date: Friday October 21

Location: The Omni Resort (2727 W. Club Dr.)

Presented by: Arizona Counselor's Association Southeast Chapter (hosted by the Arizona Association of Marriage Family Therapy)

For more information, click [here](#).

ELI W. LANE MEMORIAL MASTER WORKSHOP

THE IMPACT OF AFFECT AND TRAUMA ON DEVELOPMENT: IMPLICATIONS FOR TREATMENT

Presenter: Paul C. Holinger, MD, MPH

Date: November 7, 2015, 9:00am - 4:00pm

Location: Hacienda del Sol Guest Ranch Resort

Presented by: Southwest Psychoanalytic Society, Arizona Center for Psychoanalytic Studies, University of Arizona Department of Psychiatry

CEs: 5.75

Cost: SPS Members \$160, Non-Members \$175, Students \$55-60

Dr. Paul C. Hollinger will focus on the importance of affect as a foundation for understanding how early environmental trauma can disrupt development. The clinical implications of these ideas for psychoanalytic and psychotherapeutic work with children, adolescents, and adults will be explored. He will discuss affect theory particularly from the perspectives of Darwin, Tomkins, Ekman, Stern, and others. These ideas will be integrated with clinical work of Winnicott, Kohut and relationists, as well as classical psychoanalytic concepts.

The morning sessions will explore affect theory and primary affects, early environmental trauma, and adult and adolescent cases. The afternoon sessions will examine affect theory and developmental disruptions in relation to child/adolescent psychoanalytic work and outcome. we will also discuss the implications of affect theory in areas such as physical punishment, early verbalization of affect in parenting, and education.

For more information and to register, click [here](#).

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