
SAPA Digest January 2016

1 message

Southern Arizona Psychological Association <admin@mysapa.org>

Reply-To: "Admin, SAPA" <sapaweb@gmail.com>

To: SAPA Admin <sapaweb@gmail.com>

Thu, Sep 22, 2016 at 3:20 PM

SAPA Digest

January 23, 2016

President's Message

Hello SAPA Members and Happy New Year!

I wish a warm welcome to all of our members. This year, the Southern Arizona Psychological Association will continue to deepen and broaden its mission. For over 40 years, SAPA has served to provide support, continuing education, and collegiality among southern Arizona psychologists. While we continue that mission, we will also continue to move forward on our expanded goals to promote SAPA in the Community.

Last year, many fine programs were supported by SAPA's initiative: luncheons with excellent speakers in various venues around town, half-and full-day programs with nationally known presenters and provocative topics, film presentations with panel discussions, guided hikes, and social gatherings, to name a few. Academic, research, clinical, private-practice, agency, health, and other psychologists have come together to share ideas, support one another, and promote the field of psychology. Join me in thanking the outgoing board and committee chairs for their excellent work.

This coming year, we intend to re-establish regularly scheduled CE luncheons. Excellent presenters are already lined up for February, March, and April. There is a Back-to-School program in the works. Committee chairs are developing unique continuing education programs and connection opportunities. We will also continue to expand the psychologically-themed film offerings, and to expand the initiative to connect psychologists and psychology to the greater community. Keep your eyes out for announcements and registration information.

I have been a member of SAPA for over 25 years, and I am so pleased to begin this year as president. It is an honor and a privilege to follow the path set by so many of my distinguished and talented colleagues. The new incoming board of directors and committee chairs are already



Jane Hamilton

SAPA President,

2016

Upcoming Events

[Myths and Realities about Preventing Gun Violence: How Psychology Can Help](#)

hard at work, and I am looking forward to working with all of them. The board welcomes everyone to join committees, attend social gatherings, and get involved. Please feel free to share with me any thoughts or ideas. I'd love to hear from you! janejh1@cox.net

Fondly,

~Jane

Follow Us!



Organization News

Dr. Marta Ketchel receives the Peter Attarian Award



At the SAPA Holiday party on December 4th, Dr. Ketchel received this award as a psychologist whose work advances the unity and prominence of psychologists in southern Arizona. SAPA has been honoring outstanding psychologists in southern Arizona with this award since 1992. Click [HERE](#) for a complete list of award recipients and a further description of the award.

Did You Know...

SAPA's **Find a Local Psychologist** Database is one of the most viewed pages on our website? Make sure you are using this benefit of your membership!

Allow potential clients to find you and learn about all the services you provide. You can customize your profile to describe your practice to reflect your personal approach to treatment. You can also link your profile to your personal webpage. Upload a picture to accompany your profile and check to make sure your address and phone number are current. For any questions or concerns with managing your profile, please contact us at sapaweb@gmail.com.

Have any news for us? Send any practice announcements, job announcements, awards, books, etc. to sapaweb@gmail.com!

Upcoming SAPA Events

Get 1 CE by Attending:

Myths and Realities about Preventing Gun Violence: How Psychology Can Help

Joel Dvoskin, Ph.D.

Tuesday, February 16, 2016

12:00-1:30

Description:

In this interactive and stimulating session, Dr. Dvoskin will present facts and dispel myths about the risks of gun violence in the United States, and how a public health approach is the best way to reduce gun deaths and violent crime. He will also discuss ways that psychologists can remain safe while serving difficult clients.

REGISTER HERE

SAPPY HOUR!

The SAPA Board is proud to continue offering a series of events to support Southern AZ psychologists in socializing, networking, and generally enjoying the company of colleagues.

Please join us on Friday February 5 from 5-7 at Pita Jungle (5340 E Broadway Blvd) for a Sappy Hour . Board members will be present to host and greet. We hope you can join (and feel free to bring friends)!

We look forward to seeing you there!

Announcements

SAPA needs judges for the SARSEF Fair

The Southern Arizona Regional Science and Engineering Foundation Annual Science Fair needs judges in the area of behavioral science. In the past, SAPA psychologists have been able to choose winners of the SAPA awards as well as top projects in behavioral science. Judging involves ranking projects and interviewing young scientists. Please consider supporting budding scientists in our area. Judging day is Thursday March 3rd. To sign up or get more information, please contact Alan Goldberg at rehabpsy@aol.com. You can also find more information at SARSEF.org.

Hello colleagues,

I'm excited to share that Intuition Wellness Center, a small private practice specializing in counseling children, teens and families, is recruiting for a full-

time LCSW, LMFT, or Psychologist licensed in Arizona. It is our mission to inspire others to live in health and joy. We are a fun and creative bunch expanding our services this year and are looking for a clinician that has experience providing counseling to young children and their families. For more information about Intuition Wellness Center or our application process, please visit: <http://www.intuitionwellness.com>

Yoendry Torres, Psy.D.
Owner | Clinical Psychologist
Intuition Wellness Center, PLLC
6993 N Oracle Rd.
Tucson, AZ 85704
Phone: [520-419-7937](tel:520-419-7937)
Email: ytorres@intuitionwellness.com


Join Our Team:

Sunlight Center for Change is actively looking for a Licensed Psychologist or Master's Level clinician to join our team. Our practice generally attracts child, adolescent, and adult, OCD, trauma, and court-involved cases. We have an active DBT group and also are in need of DBT therapists. Assessments of many varieties are additionally conducted. Weekly Team Meeting provides case staffing and support. Other specializations and professional interests are welcome as well!

Providers who are interested in joining Sunlight Center for Change can submit a cover letter and a resume to:

Holly Joubert, Psy.D.
SunlightCenterHolly@gmail.com
Or mail to:
Sunlight Center for Change
5210 E. Pima St. #125
Tucson, AZ 85712

When you are ready to be the change you want in the world...



Sunlight Center for Change is proud to offer

Outpatient Dialectical Behavior Therapy Group

Dialectical Behavior Therapy is an exciting, dynamic, and proven treatment for people who are determined to make changes in their lives. The core of DBT is the skills group, in which members learn to:

- * improve your awareness of yourself and the world around you
- * help you manage feelings that now overwhelm you
- * connect you to your highest values
- * improve your ability to concentrate on what is most important to you
- * reduce conflict with family and strangers - and everyone in between
- * keep your emotions in better balance so that every day is the best it can be
- * teach you to avoid behavioral relapse when things go wrong.
- * help you to assert your needs without hurting others - and listen to their needs without neglecting your own

Group members will meet weekly with one or more professionally trained and experienced DBT facilitators to learn and practice skills, sharing their successes and challenges in a focused and safe environment. In individual therapy with a DBT-trained therapist, clients work on skills that are particularly important or difficult for them, in a private and confidential setting.

When you are ready to be the change you want to see, call us to find if Dialectical Behavior Therapy is right for you! Classes are ongoing on weekday evenings.

5210 East Pima Street, Suite 125
Tucson, Arizona 85712

Sunlight Center for Change, LLC
820.344.0086
SunlightCenterHolly@gmail.com

Other Events

(Sapa neither sponsors nor endorses the following events, but provides the information as a service to our members.)



Elizabeth Scott, LCSW

The Be Body Positive Model: An Introductory

Workshop

Date: Friday January 29 , 2016

Time: 7:45am-8:15am Check In, Breakfast & Networking

8:15am-11:30am Announcements & Presentation

Location: Catalina United Methodist Church

2700 E. Speedway Blvd, Tucson, AZ 85716

[\(520\) 327-4296](tel:(520)327-4296)

Registration: <http://tucsoniaedp.com/events>

Contact: tucsoniaedp@gmail.com

Copyright © 2012 Southern Arizona Psychological Association. All rights reserved.

Contact email: sapaweb@gmail.com

[Facebook](#) | [Unsubscribe](#)

You are receiving this message because you opted in at <http://www.mysapa.org/>