
SAPA Digest [date]

1 message

Southern Arizona Psychological Association <admin@mysapa.org>

Thu, Oct 6, 2016 at 3:05 PM

Reply-To: "Admin, SAPA" <sapaweb@gmail.com>

To: SAPA Admin <sapaweb@gmail.com>

SAPA Digest
October 2016

SAPA NEWS

Congratulations

- Congratulations to our newest lifetime members, Dave Federhar and Marion Selz.
- Congratulations to Dr. Janna Kautz, a SAPA board member, for being named one of Tucson's 40 under 40.

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SAPA Board Elections

For 43 years Southern Arizona Psychological Association has been providing opportunities to meet with colleagues, discuss ideas, socialize, and earn CE credits. Joining the board will provide comradery, a means to broaden your personal and social connections, interaction with amazing people, engagement in dialogs and debates regarding key issues, and influence how psychologists interact with the greater community.

With the exception of President Elect, which is a three-year position (President elect, President, Past President) board terms are two years. The board meets nine times a year

plus the December holiday party. Meetings are held the first Tuesday of the month 8-9:30. Ten hours of CE are awarded each renewal term.

The following opportunities for board positions are opening up. Descriptions are below. If you are interested in running for any of the positions please contact Glenn Marks glenn@glennmarks.com with your contact information:

- President Elect
- Secretary
- Co-Chair for Program (CE) Committee
- SAPA In The Community
- Membership
- Professional Outreach
- Diversity and Social Issues
- Psychology and the Law
- Academic Liaison
- Member at Large

Descriptions of each position are as follows:

President Elect

1. Fulfill all the duties of the President in the event of the President's absence, illness, disability, or resignation;
2. Conduct a review of the financial records of the Association during the first sixty (60) days following the assumption of office of president elect; and
3. Undertake any duties assigned by the President.

Secretary -The Secretary shall be responsible for recording the minutes of all business meetings and Executive Committee meetings of the Association.

The Program Committee is a Standing Committee. The Chairperson shall recruit no fewer than two (2) Committee members. This year the board decided to have co-chairs elected in alternate years to facilitate

continuity. It shall be the responsibility of this Committee to:

1. Plan professional education programs, including contacting and making arrangements with speakers, publicizing these events, and coordinating other activities necessary;
2. Ensure that the Association's continuing education (CE) events conform to the standards necessary to award CE credit.
3. Maintain records of attendance to events;
4. Advise and coordinate with other Committees organizing events and wanting to offer CE credit for participation in those events; and
5. Coordinate the requirements to ensure that SAPA remains in good standing as an APA-approved sponsor of continuing professional education.

SAPA In The Community

This Committee aims to bring the field of psychology into the community through educational and public outreach activities.

Responsibilities of the chair include:

- Formulating yearly goals with the committee
- Leading the committee in designing activities that provide outreach and education to the community
- Cultivating current and new relationships with organizations that share similar goals in the community (e.g., events with The Loft)
- Maintain an awareness of opportunities to have SAPA members represent the organization and the field of psychology in community events. The chair can help identify potential SAPA members with expertise in different areas.
- Set agendas and conduct regular meetings with the committee

Professional Outreach Committee.

This committee really has depended in recent years on the interests, talents, and style of its Chair. Its original purpose was to bring together various different professionals whose work intersected with psychologists' work, building referral networks, interdisciplinary understanding and possibilities for collaboration. It also has been used to provide opportunities for psychologists both in early-career and other life stages to meet in person and discuss issues around balancing professional and personal lives, as well as to stimulate discussion around various topics of current professional interest, such as prescription privileges for psychologists, trauma-informed care, dealing with Medicare, dual relationships, challenges of early termination, compassion fatigue, etc. It can meet regularly or sporadically, depending on the preferences of its members, and it has met both in people's homes or offices, and in restaurants, as long as there is a somewhat separated or private space available.

Diversity and Social Issues Committee.

This committee began just 3 years ago in response to a complaint that SAPA was not being sensitive to a particular religious/cultural minority when it twice scheduled CE events on holidays which made it impossible for members of that minority to attend. The result was its first mini-conference, "On Being Jewish in a Christian-Dominated Society: The Meaning and Importance of the Jewish High Holidays." Its two subsequent events were "Culturally Competent Therapeutic Services for the Muslim Individual" and "Curious About Cannabis? Let's Be Candid," which addressed issues around the medical marijuana debate and how its legalization is affecting clinical practice. Other topics which have been considered for a future event are guns and gun ownership, and the increase of

polarization in our society. Anything related to cultural/religious/demographic diversity and other social issues which have important psychological geneses or implications can fall under the Committee's purview, and a significant factor in its membership has been a sense of safety and openness in discussing issues which are often painful and even embarrassing to confront.

Membership: Most of the processes have now been automated and the main responsibilities are to assure information regarding members is updated each term, follow-up on questions and concerns, address concerns regarding late renewals, and planning and organizing activities and strategies to attract new members

Psychology and the Law has not been active for the past 3 years. If anyone is interested in re-starting this committee, they will have the chance to attract committee members and define the purpose and direction of the committee.

The Academic Liaison facilitates communication and cooperation between psychology students and psychologists working primarily in academic settings, and those elsewhere in the community. Specific duties include attending Board meetings, organizing the Student and Intern Reception every November, and organizing the Back to School event every other Spring.

Members at Large shall represent the interests of the membership and serve on special assignments as needs and opportunities arise, including but not limited to serving in standing and ad hoc committees.

Holiday Party

Hello Everyone,

I know it is still 100 degrees here but I am already planning for our SAPA Holiday Party.

The holiday party will be held on Saturday 12/3 at The Living Room Wine Cafe & Lounge at La Encantada (2905 E Skyline Dr., just west of Campbell).

The board meeting will run from 5:30-6:30 with food, drink, and merriment starting at 6:30.

Please save the date!

Thanks, Patti

SAPA COMMITTEE NEWS

Membership Update

Refer a friend, enter to win!

SAPA would like to encourage you to invite psychologists to join our wonderful association. If you refer someone and they join, you will be entered in a drawing to win a gift certificate to a Tucson restaurant.

Thank you in advance for spreading the word about SAPA to the Tucson Psychology community! Know lots of people you think would like to join? GREAT! The more people you refer, the better your chances to win!

SAPA MEMBER NEWS

(Sapa neither sponsors nor endorses the following events, but provides the information

as a service to our members.)

La Frontera Arizona CE Committee Presents:

Let's talk about perinatal mood and anxiety disorders

Autumn Wiley-Hill, Ph.D.

University of Arizona

Thursday October 6, 2016

11-2:00 P.M.

La Frontera (502 W 29th St – MUCC)

Summary: Perinatal mood and anxiety disorders (PMADs) are the #1 complication of birth. Untreated maternal mental health problems can lead to devastating effects on the child and family system. Fortunately, there are effective treatments for PMADs. Come learn about PMADs and effective treatments to help alleviate suffering for mothers and families.

Objectives:

1. Describe and differentiate the continuum of perinatal mood and anxiety disorders
2. Understand the effects of untreated maternal mental health
3. Identify effective treatments and resources for mothers and families

3 CE's will be awarded

\$20 for LFA staff •• \$35 for non-LFA staff

You may pay at the door, but **please RSVP.**

Feel free to bring your lunch!

Please RSVP to: Mayday
at Mayday.levine@lafrontera.org

[Download LFA Flyer](#)

SOUTHWEST PSYCHOANALYTIC SOCIETY

*New Biennial Series from SPS - The Enduring
Legacy of Psychoanalysis: Research and
Clinical Practice*

Presented By:

Professor Alessandra Lemma
Minding the Body: Body Modification,
Technology and Sexuality, Transsexual
Identity Saturday, January 14, 2017, 9:00 am–
3:00 pm

Registration from 8:30 am to 9:00 am
at Hacienda del Sol Guest Ranch Resort,
Tucson, AZ

[Download SPS Flyer](#)

Intuition Wellness Center - Taekwondo Wellness Therapy Groups

Did you know that research shows that
exercise is as effective at treating anxiety and
depression as psychotropic medications?

Our [Taekwondo Wellness therapy groups](#) are
exercise groups for kids (7-12) and
teens/adults (12 & up).

Groups are held weekly on Tuesdays and
Thursdays at 4:14-5:15pm (kids) and at 5:15-
6:15pm (teens/adults). Please feel free to
share the group flyers ([teen/adult flyer](#) or [kids
flyer](#)) with anyone you think may benefit from
an alternative form of counseling.

Thanks and be well, Yoendry

**Southwest Key Programs - Recruiting
Bilingual Clinician**

Bilingual (English and Spanish) social work clinicians are needed to work with unaccompanied immigrant minors in a shelter environment in Texas or Arizona. The Clinician will help create a safe, child-friendly and culturally sensitive environment. The Clinician will perform assessments and treatments while developing and implementing client therapeutic plans as well as training/developing staff.

Compensation and Benefits

- \$3000 signing bonus
- \$5000 annual salary increase for working a regular shift that includes a Saturday or Sunday
- \$2000 per month for a part-time, weekend Clinician
- \$250 per day for Monday-Friday Clinician that picks up a Saturday or Sunday shift
- \$100 per month for each case load over 12 during influx season
- 401K and full health benefits
- \$3000 out-of-state relocation bonus

Clinician Requirements

- Master's degree in clinical social work, counseling or other mental health field, or clinical or counseling psychologist
- Licensed or license-eligible in respective field (to include but not limited to LPC, LCSW, LMFT)
- Must be bilingual in English and Spanish

Send your resume to jobs@swkey.org. Please note SAPA in the subject line.

Intuition Wellness Center - Recruiting FT Psychologist

Hello Colleagues,

We're excited to share that Intuition Wellness Center is looking for a licensed psychologist to

join our passionate and creative team.

Intuition Wellness Center is a growing group practice with the mission to be the leading provider of integrative services and programs that inspire children, young adults, and families to live in health and joy.

Download the [job description](#) for more details and for application instructions.

Please feel free to forward to any colleagues who may be interested in this position.

Thanks and be well, Yoendry

**Intuition Wellness Center - Teen Girl
Therapy Group**

New teen girl therapy group beginning Wednesday, November 2 at 5:15 to 6:45pm. This group is for teenage girls, ages 13 to 18, who want to improve their relationships, develop an effective communication style, better manage their emotions and increase their sense of self and confidence.

[Get more group information.](#) To enroll have potential clients call our front desk at [520-333-3320](tel:520-333-3320).

Thanks and be well, Yoendry

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