
SAPA Digest September 2016

1 message

Southern Arizona Psychological Association <admin@mysapa.org>

Thu, Sep 22, 2016 at 3:23 PM

Reply-To: "Admin, SAPA" <sapaweb@gmail.com>

To: SAPA Admin <sapaweb@gmail.com>

SAPA Digest September 2016

SAPA NEWS

It is time to nominate new members for the SAPA board of directors. The following positions will be open:

- President Elect
- Member at large

If you would be interested in being part of the search committee, and/or running for any of the board positions, please contact glenn@glenmarks.com.

SAPA COMMITTEE NEWS

SAPA in the Community Committee Update

One goal of the SITC committee has been to reach out to legislators in an effort to become a resource to them on mental/behavioral health. Last January, Representative Martha McSally appeared on the front page of the Arizona Daily Star which reported on her ride-along with a sheriff's deputy in order to learn more about mental illness and the crises people face. In response to the article, some members of the SAPA board wrote to her after our first meeting in February with an offer to help her better understand the issues and to serve in a consulting role around mental health and psychological functioning.

After several months and a follow up letter, one of the board members received a call from Bryan McVae, her legislative assistant for health affairs. Further correspondence explained SAPA's history and expertise with an offer, once again, to assist in any way we

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Upcoming Events

SAPA BOARD MEETING:
SEPT 6 @ 8-9:30AM

FALL LUNCHEON: SEPT 13
@ 12PM

AZPA CONVENTION: SEPT
23-24

BRISTLECONE FILM:
OCTOBER 8 @ 4PM

SAPA Holiday Party: Dec 3

could. Mr. McVae was quite receptive and indicated that he would call upon us if the need arose, and he also requested that we keep him informed about any current mental health issues.

Please join the SITC committee in attending a screening of The Bristlecone Project: Men Overcoming Sexual Abuse. We are hosting this film and discussion at The Loft on Saturday Oct. 8th. For tickets and more information, go to sapaonline.org

For more information on the SITC committee, or if you have an idea for raising public awareness of psychologists in Tucson, please contact Roxana Samaniego at rysam@cox.net.

SAPA UPCOMING EVENTS

SAPA BOARD MEETING: SEPT 6 @ 8-9:30AM

SAPA board meetings are public and open to members attending. We want to encourage new and existing members to attend these meetings not only for networking opportunities but also to get to know and involved with what SAPA is working on. Check out our website for more details and to see the [SAPA calendar](#) for upcoming board meetings.

FALL LUNCHEON: SEPT 13 @ 12PM

"The Complexity of Diagnosing and Treating Autism" will be presented by Dr. Janna Krauz at the Mountain Oyster Club. For more details or to get your ticket, visit the [Luncheon eventbrite page](#).

AZPA CONVENTION: SEPT 23-24

Did you know that this year Arizona Psychological Association (AzPA) is having its convention in Tucson and that several of our SAPA Board members are on the AzPA Convention planning committee? To get more info or register please visit the [AzPA Convention website](#).

BRISTLECONE FILM: OCTOBER 8 @ 4PM

The Bristlecone Project is being sponsored by SAPA at the Loft Theater. It will comprise of watching the Bristlecone Project: Men Overcoming Sexual Abuse Documentary followed by discussion. For more details or to purchase tickets please visit the [Bristlecone Film eventbrite page](#).

SAPA Holiday Party: Dec 3

The annual SAPA holiday party will be held on Saturday, Dec 3. The SAPA board meeting will be held at 5:30-6:30pm followed by food, drink and fun. This year the SAPA holiday party will be at the Living Room Wine Cafe & Lounge located on 2905 E Skyline Drive at La Encantada. Registration will open in October.

SAPA MEMBER NEWS

Office for Rent

We have run an ad re: renting office space with you. We'd like to continue the ad and reduce the asking price to \$450. Please advise us as to further payment, if necessary, by contacting Susan Winder, swinderlcsw@gmail.com.

Thanks,

Judith Henderson, LCSW

4570 E. Camp Lowell

Tucson, AZ 85712

(520) 529-8096

Office for Rent

Share my sweet little **centrally located office space**; located right next to the Reid Park DoubleTree. I'm in the office Tuesdays-Thursdays, and would like to offer the space to someone Fridays-Mondays. Small, one floor office building with ample parking (shares part of the parking lot with the DoubleTree), small waiting area at entrance, two bathrooms (one ADA accessible), small kitchenette with fridge and microwave. \$200/month, all utilities and internet included.

For additional information, please call Jessica Chasnoff at [520-221-5771](tel:520-221-5771).

Kids' Social Skills Group

SCC is now offering Kids' Social Skills Groups
Run by: Lindsay Lennertz, Psy.D.

Next Start Dates:

Age 6 - 8

September 12, 2016
Monday
Time: 4:30 - 6:00 p.m.

Ages 9 - 11

September 13, 2016

Tuesday

Time: 4:30 - 6:00 p.m.

Participants will be enrolled once a week
Intake required for admission
Active wait list for next group

A group where kids are able to work on improving their skills with other kids. It is personalized to the children in the group. Is excellent for children struggling with ADHD, Anxiety, and peer concerns. Topics include:

- Understanding emotions and what to do with them
- Self-regulation and self-control
- Effective communication
- Dealing with bullying

www.SunlightCenterForChange.com

[Click here for flyer.](#)

Thanks!

Holly Joubert, Psy. D.
Licensed Psychologist/Owner
Sunlight Center for Change, LLC

Phone: (520) 344-0056

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Web: <http://www.sunlightcenterforchange.com/>

Now Accepting New Clients

Christina Vasquez

Email

christina.vasquez.phd@gmail.com

Taekwondo Wellness Therapy Group

We are currently accepting referrals for kids, teens, and adults who may benefit from an alternative approach to overcoming emotional, behavioral, and social challenges. The cost is \$35 per 60 minute group session. We are a

provider for BCBS insurance and group therapy services may be billable. Please note that this can be an adjunct to current counseling services or a standalone service for clients.

Kids Group: Tuesdays & Thursdays @ 4:15 to 5:15pm

Teen/Adult Group: Tuesdays & Thursdays @ 5:15 to 6:15pm

Please direct clients who are interested to call [520-333-3320](tel:520-333-3320) to register or visit us online at www.IntuitionWellness.com to learn more about Taekwondo Wellness therapy groups and other services we provide.

Download the [kids TKD](#) flyer or the [teens and adults TKD](#) flyer. Please feel free to email (ytorres@intuitionwellness.com) or call me directly ([520-419-7837](tel:520-419-7837)) if you have any questions about Taekwondo Wellness therapy groups.

Gratefully, Yoendry Torres, Psy.D.

[INTUITION WELLNESS CENTER, PLLC](#)

5675 N Oracle Rd, Suite 3101

Tucson, AZ 85704

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