



Strategies for Teaching Social-Emotional Skills:
Teaming for Student Success

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Overview



- A little about us...
- Teaming
- Kimochi Program
 - Discrete Skills
 - Underlying Emotions
- Video Modeling

Meet our teachers:



Cloud: Regulate tone of voice, body language, words, and actions; feel mad without being mean

Bug: Take positive social and academic risks; use positive self-talk; be brave and overcome fears





Hugtopus: Set appropriate boundaries; self-regulate internal and external distractions; have patience and tolerance

Cat: Apologize and forgive; make safe, wise, kind choices; manage cranky feelings





Bella Rose: Be compassionate and empathetic; share true feelings; avoid "masking" feelings with hurtful actions

Clover: "Bounce back" with resiliency; create hopeful, optimistic thoughts





Lovey Dove: Share pride without bragging; celebrate others' accomplishments; overcome discouragement; and move through worried feelings



Discrete Skills



- Eye Contact
- Friendly Gestures
- Communication Tap
- Talking Voice
- Asking Hands
- Stopping Hands
- Partnering
- "Ouch"
- Redo

Underlying Emotions



- Mad
- Brave
- Left Out
- Silly
- Frustrated
- Cranky
- Curious
- Proud

Kimochis website, etc.



- <http://www.kimochis.com/>
 - Resources
 - Letter to families
 - Pre-made lessons
- Teacher's guide
- We incorporated:
 - Group expectations
 - Group norms

Group Expectations – 1st



Friendly Gestures and Eye Contact – 3rd Grade



Developing a Community



Kimochis

Keys to Communication



GET SOMEONE'S ATTENTION



USE A TALKING VOICE



USE A TALKING FACE AND BODY



CHOOSE HELPING WORDS



REDO HURTFUL MOMENTS



FORGIVE AND LET PEOPLE TRY AGAIN



ASSUME THE BEST



Communication Tap – 1st Grade



Asking Hands – 1st Grade



Teaching Stopping Hands



Practicing Stopping Hands



Partnering



Partnering - Upset





It's ok to be mad, but it's not ok to be mean



Kotowazas



For silly to be fun, it has to be fun for everyone



Friendly faces create friendly places



It's always more fun when we make room for everyone



Be brave and try new things

Brave - Try New Things



Brave – Diving Board



“Ouch”



Cloud Says



What is video modeling?

Video modeling is:



- A mode of teaching that uses video recording to provide a model of the targeted behavior or skill

Jumping In...



- Identified a student that was having conflict with peers and struggling socially, emotionally, and behaviorally
- Met with district consulting psychologist
- Started preliminary planning

How we implemented video modeling



- Student as videographer/ "shoulder partner"
- Principle of observation and modeling

Filming the first time



Seven horizontal lines for notes

Participation, behind the camera

- Engagement and inclusion of the student from behind the camera



Seven horizontal lines for notes

Practicing before participation in group

- Started to include student as a part of the activity with a valued role



Seven horizontal lines for notes

Participation, in front of the camera



Seven horizontal lines for notes

Challenges:



- Scheduling
- Coordinating with multiple staff members and students
- Equipment
- Behaviors

Seven horizontal lines for notes

Payoff:



- Student began to use the strategies
- Reduction in referrals
- Positive changes in relationships with peers and adults

Seven horizontal lines for notes

End of the road...



Starting again...



Practicing – Left Out



In Front of the Camera – Left Out



Seven horizontal lines for writing notes.

Clear Expectations for Model Student



Seven horizontal lines for writing notes.

Parting words...



- Things to remember:
 - There is NO ROADMAP!
 - Just do something!
 - Be willing to try new things; be flexible
 - Find other team members to support you

Seven horizontal lines for writing notes.

Which Kimochis® character are you?



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