

Marisa Menchola
430 N. Tucson Blvd.
Tucson, AZ 85716

Southern Arizona Psychological Association

Due to strict limitations on seating, all registrations must be made by the Thursday preceding a Tuesday luncheon. After Thursday, please contact Patricia Beldotti via email to determine availability for a luncheon: <drbeldotti@aol.com>

SAVE MONEY—PAY IN ADVANCE

- Payment must be received by February 1, 2013 in order to receive discount to attend ALL THREE luncheons.
- The deadline to register for each meal is the Thursday evening before the Luncheon.

ALL THREE LUNCHEONS

Member	\$57.00
Non-Member	\$66.00

INDIVIDUAL LUNCHEONS

Member	\$20.00/each
Non-Member with RSVP	\$23.00/each
Student Fee	\$9.00/each
Tickets at the Door	\$25.00/each

Send Payment with RSVP to Dr. Beldotti
Patricia Beldotti, Psy.D.

12668 N Sunrise Shadow Dr
Marana, AZ 85658
(520) 282-2590

OR Pay online via PayPal at sapaonline.org/conference-registration

**About Southern Arizona
Psychological Association's
Continuing Education**

The Southern Arizona Psychological Association (SAPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. SAPA maintains responsibility for this program and its content.

Luncheon presentations are offered for 1 CE credit. Sign-in, presence for the entire presentation, and completion of an evaluation form are required to earn this CE. Questions about any program listed in this brochure may be addressed to Zachary M. Shnek, Ph.D. at z.shnek@q.com.

**SAPA 2013 SPRING
CE LUNCHEONS**



3719 E. Speedway
(between Alvernon & Columbus)
Tucson, AZ 85716
12:00—1:30 p.m.



P A R K I N G

- While there should be adequate parking for lunch, additional parking can be had directly across the street at the Bashful Bandit.
- The Bandit has a very large parking lot in the back, and there is a pedestrian traffic light, which makes crossing Speedway very easy.
- The important thing is for SAPA members NOT to park next door at SWS Electronics.

*Southern
Arizona
Psychological
Association's*

**2013 SPRING
CE LUNCHEONS**

February Luncheon

Title: **Assessing Misconception Development
During Older Adult Patient Education**

Presented by: Jayshiro Tashiro, Ph.D., B.A.,
B.S.N., R.N.

Tuesday, February 19, 2013

March Luncheon

Title: **New Research & Methods in Animal-
Assisted Psychotherapy**

Presented by: Jane Hamilton, Ph.D.

Tuesday, March 19, 2013

April Luncheon

Title: **What's New in Self-Change and Self-
Control**

Presented by: David Watson, Ph.D.

Tuesday, April 23, 2013

**ALL LUNCHEONS
WILL BE HELD AT**



**3719 E. Speedway
12:00—1:30 p.m.**

Lunch is included in the cost.

Your response now allows us to plan a comfortable room and ample cuisine! Come and enjoy the company of your colleagues.

SAPA 2013 SPRING CE LUNCHEONS

ASSESSING MISCONCEPTION DEVELOPMENT DURING OLDER ADULT PATIENT EDUCATION

Presented by: Jayshiro Tashiro, PhD, BA, BSN, RN

Tuesday, February 19, 2013

This intermediate presentation will help you to:

1. Describe current knowledge gaps in the psychology of learning and how such gaps cause difficulties in patient care, including mental health interventions, psychotherapy, and acute care planning and delivery, and community health outreach.
2. Examine the psychology of misconception development and the impacts of misconceptions on planning a delivery of healthcare and psychotherapy.
3. Discuss new research and practice models of assessment for delineating misconception development and how such research informs clinician-patient interactions in all areas of healthcare.

The care of older adults will be an important focus for American healthcare during the next several decades. Research indicates clinician-patient communication is a critical area of care planning and delivery for older adults and is important in all areas of healthcare including mental health interventions. Dr. Tashiro has been an academic researcher for over 30 years with substantial funding from NIH and other funding organizations.

NEW RESEARCH & METHODS IN ANIMAL- ASSISTED PSYCHOTHERAPY

Presented by: Jane F. Hamilton, Ph.D.

Tuesday, March 19, 2013

This introductory presentation will help you to:

1. List some of the main benefits of animal-assisted therapy.
2. Identify specific psychological disorders that are amenable to animal-assisted psychotherapy.
3. Use animals (either one's own pet or an outside agency's) in a therapeutic setting.

The bond between humans and animals has been postulated to be based on evolution, social development, cultural perspectives, and the promotion of health and wellness (Trotter, 2012). Animals have proven to be effective assistants in psychotherapy (Levinson, 1962; Vygotsky, 1978). Research has provided indications that this efficacy can be based on experiential learning, relationship-building, social interaction, symbolism, role playing, intimacy, emotional investment, developmental stage exposure, positive psychology, and mindfulness. Animal-assisted therapy can be directive or nondirective, and can be integrated into a wide range of individual or group therapeutic styles.



WHAT'S NEW IN SELF-CHANGE AND SELF-CONTROL

Presented by: David Watson, PhD

Tuesday, April 23, 2013

This intermediate presentation will help you to:

1. Learn up to date research and theoretical concepts in self-change and self-control.
2. Adopt newly developed techniques to encourage and aid clients in effective self-regulation.
3. Apply the new techniques and concepts to specific areas such as weight control or depression.

By its very nature and definition, self-regulation is at the heart of effective personal and clinical interventions. There is a very large supportive literature in self-help and clinical training programs to support its significance in understanding and predicting human behavior, including one's own. There are no known limitations or risks associated with this presentation. Dr. Watson is one of the world's leading experts in this field.

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REGISTRATION

Check those you will attend.

- ASSESSING MISCONCEPTION DEVELOPMENT DURING OLDER ADULT PATIENT EDUCATION
Presented by: Jayshiro Tashiro, Ph.D., B.A., B.S.N., R.N.
Tuesday, February 19, 2013 1 CE Credit

- NEW RESEARCH & METHODS IN ANIMAL-ASSISTED PSYCHOTHERAPY
Presented by: Jane Hamilton, Ph.D.
Tuesday, March 19, 2013 1 CE Credit

- WHAT'S NEW IN SELF-CHANGE AND SELF-CONTROL
Presented by: David Watson, Ph.D.
Tuesday, April 23, 2013 1 CE Credit

- SAVE MONEY—PAY IN ADVANCE**
ATTEND ALL THREE LUNCHEONS
\$57.00—Members
\$66.00—Non-members

All fees include meals. If you require any special accommodations for any of these programs, please call Patricia Beldotti at 282-2590 or drbeldotti@aol.com. **The deadline to register for each meal is the Thursday evening before the Luncheon.** All cancellation requests must be received at least one week before the event. No refunds will be made after this date.

Name (Please include credentials) _____

Address _____

Phone _____

Register by mailing this form with a check to SAPA to:

Patricia Beldotti, Psy.D.
12668 N Sunrise Shadow Dr
Marana, AZ 85658

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