



**SAPA Digest
November 3, 2014**

Upcoming SAPA Events

The Loft and SAPA Premier Event!

The Loft and the SAPA in the Community Committee have partnered for this community event. Join us at a special *Science on Screen* showing of the inspiring new documentary, ALIVE INSIDE! A post-screening discussion will moderated by Dr. Marisa Menchola. Panelists include Dr. Al Kaszniak, Dr. Sharon Arkin, and Dan Kruse. Monday, November 10th at 7PM!

"Alive Inside contains a tiny revolution within its message, and will likely end up being one of the most important documentaries of the year. – Nikola Grozdanovic, Playlist

<https://loftcinema.com/film/alive-inside/>

About the Speakers:

Al Kaszniak, Ph.D. is a professor of Psychology, Neurology, and Psychiatry, and the Evelyn F. McKnight Brain Institute at The University of Arizona. He was formerly head of the Psychology Department and Education Director for the state-wide NIH-funded Alzheimer's Center. His research laboratory has been studying Alzheimer's disease and related causes of cognitive decline in aging since the early 1970s.

Sharon Arkin, Ph.D., is a clinical psychologist and Alzheimer consultant in private practice. From 1996 to 2001, she directed the Alzheimer Treatment by Students program at the University of Arizona, which received the Metlife Mind Alert award in 2001 and was named one of 7 evidence-based treatments for Alzheimer's by the U.S Administration on Aging. She is the author of Language-Enriched Exercise for Clients with Alzheimer's, and more than two dozen published articles on Alzheimer treatments.

Dan Kruse is an ethnomusicologist, documentary film-maker and musical researcher,

and holds two inter-disciplinary degrees from the UA in ethnomusicology, anthropology and media arts. His current research, funded by the UA's Confluentcenter for Creative Inquiry, is a collaborative study of "ear worms" (songs stuck in the mind). He lectures on musical topics before a variety of groups in the Tucson area, and is also the local host of NPR's "All Things Considered" on Tucson's KUAZ-FM

SAPA Networking and CE Event!

Friday November 14: 5-7 pm

5 - 6 pm: Networking and Refreshments. Don't forget your business cards!

6 - 7 pm: Presentation: *Assessment and Diagnosis within the Current State of Learning Disabilities* by Kimberly Morris, Ph.D., NCSP

Pima County Medical Society
5199 E Farness Dr, Tucson, AZ 85712
Refreshments Provided

[Register Here](#)

Save the Date - SAPA Holiday Party

Friday December 12th - More details to come

Other Announcements

SAPA Elections

Choose your next board members! Your ballot will be emailed to you with a link for voting.

Last Chance to Renew Your Membership

[RENEW NOW](#) to stay in contact with your colleagues, CE events, and other networking opportunities.

Lifetime Membership awarded

SAPA would like to welcome our newest lifetime member, Dr. Kevin Flanagan. Thank you for your continued support, Dr. Flanagan!

Memory Loss Rehab Program

Dear Fellow SAPA Members,

Do you or any of your colleagues have any clients or caregivers of individuals suffering from memory loss? Please consider referring them to the new Elder Rehab program for memory-impaired senior adults, beginning in January 2015 at the Tucson Jewish Community Center (3800 E. River Road).

The program is a modified version of one by the same name that I directed at the U of A between 1996 and 2001. (www.u.arizona.edu/~sarkin/elderrehab.html)

It consists of physical fitness (aerobic and strength) training and memory and language stimulation activities. It will meet twice a week for two hours for ten weeks. Subsequent sessions will be available if there is a demand. There needs to be a family caregiver or loyal friend available who can bring participants to and from the JCC (at 3800 E. River Road) and supplement the work of student volunteers who will assist with the program. Hours can be arranged between the student assigned to work with the participant and the caregiver.

Applicant should be:

- *ambulatory
- *continent
- *able to communicate basic needs
- *able to obtain physician consent to exercise
- *have involved family caregiver to provide transportation
- *Mini-Mental score of 18+

We'd like to interview potential participants by mid-November.

Thanks,

Sharon Arkin, PsyD

Assistant Research Scientist (Ret.)

UA Dept. of Speech and Hearing Sciences.

603-2912

Other Upcoming Events

(SAPA neither sponsors nor endorses the following events, but provides information to our members as a service.)



November 8th, 2014; 4:00 - 7:30 p.m.

4th Annual IAEDP Gala

Enjoy the powerful sound and soul of R. Carlos Nakai

Grace St. Paul's Episcopal Church. A benefit in support of IAEDP Tucson grant fund. Providing financial support to educational, research, and outreach opportunities that raise awareness and prevention of eating disorders.

[More information and Registration](#)

Pain Education Group

I wanted to let you know that I am starting a weekly pain education and support group utilizing the principles of Complicated Pain Recovery TM. I plan to do a 90 minute session every Wednesday from 4 to 530 at 6280 E. Pima St., #110. There will be a \$50 fee per session.

The best way to reach me for information or for patients/clients to sign up would be at compaireconsulting@aol.com.

Jerry Lerner

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