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# SAPA Digest 2-26-14

SAPA  
Southern Arizona Psycholo...

\* | Feb 26 | \*  \* | 2014 | \*

A MESSAGE FROM

**SAPA**

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## SAPA Digest

### President's Message: Duffy Wagman, Ph.D.



First, I want to say how happy I am to be back on SAPA's board and being actively involved in its activities. The board members are entirely different from when I was last president six years ago, which shows that we have active and involved membership. I continue to be impressed with the talented people involved in SAPA.

SAPA has made some exciting changes in the past several years and we continue to make more. Our membership is growing and we are actively looking for ways to reach early career psychologists so that SAPA will continue to be vibrant for another 40 years. Some of our changes include:

- Our website is more user friendly than ever; we can sign up for events on line.
- We are looking to continue to evolve on how we communicate with our membership: keep on the look for the bi-weekly "digest".
- Our CE committee continues to present interesting and topical programs for our luncheon series and is working to bring in more nationally recognized speakers for full day workshops.

- A special committee chaired by our president elect, Glenn Marks, is working to develop a theme this year for community involvement, and to look at our mission statement to see if it needs updating after 40 years to include greater involvement in the larger community of Southern Arizona.
- We are reviewing and revising our by-laws to remove some inconsistencies that snuck in over the past several revisions and to plug some holes in procedures that had not been considered in the past.
- We added a new committee last year, one looking at religion and diversity issues. They had a program last year and continue to meet and discuss programs for the membership.

I really don't know a lot about what is happening across the country with different regional psychological organizations, but I suspect that SAPA is pretty unusual in the scope of its activities and membership. I am currently serving as a community representative on the search committee for a new head of the School Psychology program at the University. One of the selling points in convincing prospective candidates to move Tucson is our active psychological community – SAPA. That's pretty cool. The psychologists who founded SAPA 40 years ago should be proud of what they started and the rest of the members should be proud of continuing and growing that vision. As I said, I'm happy to be involved again.

Duffy

#### **Professional Outreach Committee:**

The Professional Outreach Committee will meet this Thursday February (27th) at 6pm at [Vero Amore](#). February meeting will be organizational--discussion topics (and locations) will be decided on for the coming months. For more information or to make additional suggestions, please contact Andy Bernstein, PhD, Professional Outreach Chair, at [adbpsy@gmail.com](mailto:adbpsy@gmail.com). Read more [here](#).

#### **CE Committee Update (Patti Beldotti):**

- **The SAPA CE Committee is looking for more members!** - We need your help with planning and organizing the CE events for our organization. The committee meets monthly about 8 times per year, typically via conference call. Ability to attend at least 50% of the CE events is preferred. If you have about 2-4 hours per month to help out, please consider joining the CE Committee. For more information, contact Patti Beldotti ([drbeldotti@aol.com](mailto:drbeldotti@aol.com)) or any member of the CE Committee.
- Saturday, May 3rd: SAPA Research Day - This will include assorted poster and oral presentations. Jan Hamilton is contact person for applications ([info@ranchobosque.com](mailto:info@ranchobosque.com)). Information about the call for research is at [sapaonline.org](http://sapaonline.org).

#### **Communications Committee**

The Communications Committee is looking for additional members. If you would like to work on helping SAPA collaborate with each other and with the larger community through technology, this committee is for you! Contact Roxana Samaniego at [rysam@cox.net](mailto:rysam@cox.net) for more information.

#### **Psychology and Law Committee:**

The Psychology&Law Committee is meeting on Monday the 3rd of March at 1pm. Location: 318 S.Convent St Nancy Eldredge's office. New members or students are welcome. Discussion on teaching about The Spectrum of Violence to fellow psychologists by webinar and defining the work of this committee. For more information, contact Pam Langelier at [zaska@aol.com](mailto:zaska@aol.com)



SAPA is trying to build a team to participate in this year's NAMI walk. The walk is on Saturday, March 29 at Ki Veterans Memorial Stadium (2500 E. Ajo Way). Registration starts at 7am and the walk starts at 9am. There are 3k and 5k walks. Like last year, SAPA will pay for the team t-shirts, and we will collect donations from SAPA members. You don't have to attend the walk in order to make a donation, and you don't have to walk to be part of the team (you can just come to hang out). Donations will be available via mail and online on our team page. More information will be available in the weeks to come. <http://www.namiwalksaz.org/>

**Other News from your Colleagues:**



Marana Community Food Bank

Dear Colleagues,

I hope everyone is doing well. I am writing about Good Vibrations, a 1960s dinner-dance that you may be interested in attending (please see the enclosed 2 attachments). It is for a very good cause, The Marana Community Food Bank which is affiliated with The Food Bank of Southern Arizona. The event will be held at The Ritz-Carlton on Dove Mountain on March 15th. There will be dinner, live music, a silent auction, and a lot of fun. You can register online or by snail mail.

Zachary M. Shnek

Marana Community Food Bank

11734 West Grier Road · Marana · Arizona · 85653

Phone (520) 682-3001 · Fax (520) 682-4136 [www.maranafoodbank.org](http://www.maranafoodbank.org)

Dear Colleagues:

Medicare has instituted a voluntary program "Physicians Quality Reporting". Medicare providers can provide information re diagnosis and treatment on relevant patients in 2014 and receive a bonus of 0.5% on all medicare payments. They need to file a report on at least one patient and one measure seen in 2013 by Feb 28, 2014. If you chose not to report, there will be a penalty of 1.5% in 2015 and 2.0% in 2016. Necoé Otto-Parkinson and I have been gathering information on this program and wondered if other Medicare providers would care to join us in a meeting re the program requirements. We will be meeting at my office Thursday, March 6 at 7:00 PM. My office address is 2230 E. Speedway Blvd, Ste 100. It is in the old Ronald McDonald House just east of Sun Station Post Office. If you plan to attend please let me know. I can be reached by my office phone 305-4667 or my cell phone 850-4991. My email address is [marjoh@cox.net](mailto:marjoh@cox.net)

Margaret Akers Johnson, Ph.D.



**Job Listings:**

**Job Description:**

Spectrum Healthcare Resources has an opportunity for a civilian **Psychologist** at **Ft Wainwright** in **Fairbanks, AK**.

Spectrum Healthcare Resources (SHR) was established in 1988 to deliver systems and processes designed to meet the unique needs of Military and VA Health Systems.

## Upcoming SAPA Events

### *Professional Outreach Committee Meeting*

Thursday February 27th, 6 p.m. at Vero Amore on Swan and Fort Lowell. February's meeting will be organizational--discussion topics (and locations) will be decided on for the coming months. For more information or to make additional suggestions, please contact Andy Bernstein, PhD, Professional Outreach Chair, at [adbpsy@gmail.com](mailto:adbpsy@gmail.com).

### *Youth Psychiatric Diagnosis and Treatment*

**Tuesday, March 18<sup>th</sup> from 12:00 to 1:30 at the Arizona Inn**

Don't miss out on this CE Luncheon presentation by **Sandy Stein, MD**. This presentation will focus on comm youth psychiatric diagnosis and treatment interventions inclusive of ADHD, ODD, CD, Depressive and Anxie Disorders.

### *SAPA Happy Hour*

SAPA would like to invite you for an evening of good food, new friends, networking, and fun on April 4th, 2015. Bring your appetite, business cards, and any prospective new SAPA members.

Location: Old Pueblo Grill

Time: 5:30 - 7:30

Provided: Appetizers and a cash bar

This year SAPA is focusing on not only building our SAPA community but also getting more involved in our Tucson community!

We strongly encourage everyone to bring students, interns, colleagues, or psychologists who are not yet members to this event. They can learn more about SAPA and take advantage of a one-time only new member discount membership rate.

The SAPA Board will be present at this event and would be happy to provide you with information on all the opportunities to become involved with SAPA.

Interested in meeting more psychologists? This is the event for you! To RSVP go to simply click [here](#).

### *Treatment of PTSD – Dr. Donald Meichenbaum*

**Tuesday April 8 from 8:30 to 4:00 at the Arizona Inn**

Don't miss this event co-sponsored by SAPA. SAPA members receive a discount. This is a rare opportunity to see one of the founders of CBT present in Tucson. Dr. Meichenbaum will be presenting on The Treatment of Individuals with PTSD, Complex PTSD, and Comorbid Disorders: Ways to Bolster Resilience.



Do you have information for the Digest? Send it to [sapaweb@gmail.com](mailto:sapaweb@gmail.com)

[sapaonline.org](http://sapaonline.org)

## Other Events

**Sapa does not sponsor or endorse the following events.**



## ATTACHMENT THEORY EXPANDED

Saturday, March 15, 2014

With: David Shaddock, PhD, MFT

A new and innovative therapeutic approach to helping couples repair attachment. Infant Research demonstrates the implicit dialogue between child and caregiver and creates new insights to couples treatment.

An APS membership benefit, for 2014 members only.

**Building Emotional Muscle in Children and Parents Presented by Jack Novick, PhD and Kerry Kelly Novick**

March 21, 2014, 7:00 pm - 8:30 pm

Grace St. Paul's Episcopal Church, 2331 E. Adams St. Tucson, AZ United States

For More information, go [here](#).

**The Power of Perversion presented by Jack Novick, PhD and Kerry Kelly Novick**

March 22, 2014 from 9:00 am to 4:00 pm

Hacienda del Sol, 5501 N. Hacienda del Sol Rd., Tucson, AZ

## PSYCHOANALYSIS: HOW DID IT ALL BEGIN?

With Florence Rosiello, PhD

Saturday, March 29, 2014

A seminar for Graduate, Doctorate, Recent Grads and New Therapists only.

Location: Marriott Courtyard Old Town Scottsdale

3311 N. Scottsdale Road, Scottsdale, AZ 85251



## Challenges in Psychological Practice

Date: Sat., Mar. 8, 2014

Southwest Continuing Ed, LLC ([www.southwestce.com](http://www.southwestce.com)) presents a full day grand-opening seminar addressing various challenges in psychological practice (6 CE's):

- The Medical Noncompliance Puzzle: Health Psychology Solutions (Trish Falcon, PsyD, CHP, CBIS)
- Addressing Bullying: Strategies for Treating Both the Bully and the Bullied (Katy Hopkins, M.Ed.)
- Ethics in Parenting and Child Custody Evaluations (Brenda M. Sparrold, PhD)
- Understanding and Treating Sexual Addiction (Shannon Sticken, PsyD, CSAT)
- Adolescentophobia (The Fear of Adolescents) (Holly Joubert, PsyD)

Times: 9:00 - 4:00 PM (Check-in at 8:30)

Location: Westward Look Resort, Tucson, AZ

For more info & to register: [www.southwestce.com](http://www.southwestce.com)



## 2014 CBCT Meditation Course

The University of Arizona has been chosen to host the first Cognitively-Based Compassion Training (CBCT)

Course in the southwestern United States. Please join us March 7-9, 2014 in Tucson, AZ for this intensive 3-d

retreat led by CBCT founder Geshe Lobsang Negi, PhD, from the Emory-Tibet Partnership. The course will offer participants the rare and unique opportunity to understand the theory and practice of the highly acclaimed CB program.

Friday March 7, 2014: 4:00 - 8:00 PM

Saturday, March 8, 2014: 9:00 AM - 5:00 PM

Sunday, March 9, 2014: 8:00 AM - 4:15 PM



IAEDP Tucson Education Event

Nicole Siegfried, PhD, CEDS

Matters of Life and Death: Eating Disorders and Suicide

Date: Wednesday, April 9, 2014

3.0 CE credits will be provided by Sierra Tucson

AZ Meditation Research Interest Group, Upaya Sangha of Tucson and Tucson Community Meditation Center co-sponsoring a visit in 2014 with SHARON SALZBERG.

MARCH 14: "Real Happiness at Work"

MARCH 16: "Compassion"

Click [HERE](#) for more information.

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