

# SAPA Digest 2-7-14



SAPA  
Southern Arizona Psycholo...

\* | Feb 9 | \*



\* | 2014 | \*

A MESSAGE FROM

**SAPA**

## SAPA Digest

### **Professional Outreach Committee Update:**

Professional Outreach meetings in 2014 will be on the fourth (4<sup>th</sup>) Thursdays of February (27th), April (24th), June (26th), August (28th), October (23rd), and we'll skip December. (That's even-numbered months). Generally, we can plan to meet at 6:00 pm, in a restaurant as yet to be determined or which can change from one time to the next. February's meeting will be organizational--discussion topics (and locations) will be decided on for the coming months. For more information or to make additional suggestions, please contact Andy Bernstein, PhD, Professional Outreach Chair, at [adbpsy@gmail.com](mailto:adbpsy@gmail.com). Read more [here](#).

### **CE Committee Update (Patti Beldotti):**

- We expect the February 22nd event with Dr. Akins to sell out. Don't delay and register today! Register [here](#).
- **The SAPA CE Committee is looking for more members!** - We need your help with planning and organizing the CE events for our organization. The committee meets monthly about 8 times per year, typically via conference call. Ability to attend at least 50% of the CE events is preferred. If you have about 2-4 hours per month to help out, please consider joining the CE Committee. For more information, contact Patti Beldotti ([drbeldotti@aol.com](mailto:drbeldotti@aol.com)) or any member of the CE Committee.

the CE Committee.

- SAPA Members - If you have been considering attending the Feb luncheon, please sign up and join us. We are currently under the minimum number required for the venue and would need to pay the difference if we don't have enough people. We know there are 2 SAPA events that week and your time is valuable. Please support SAPA and attend the luncheon if you can. We have a great speaker and an interesting topic.
- Saturday, May 3rd: SAPA Research Day - This will include assorted poster and oral presentations. Jane Hamilton is contact person for applications ([info@ranchobosque.com](mailto:info@ranchobosque.com)). Information about the call for research is at [sapaonline.org](http://sapaonline.org).

### **School Psychology Committee Update:**

- Planning another training in April by Dr. Katie Eklund on the topic of Suicide Risk Assessment
- Ideas for additional trainings in the fall are welcome.
- The School Psychology committee continues to discuss ideas to bring in new members and be involved in the community.
- Next meeting for the School Psychology committee is scheduled for Friday, March 7<sup>th</sup> at 7:30am at Beyond Bread on Campbell

### **Membership Committee Update:**

We are hosting a free meet and greet on April 4th from 530-8pm at Old Pueblo Grill. We are inviting SAPA members by email and sending postcard invitations by mail to licensed psychologists in Southern AZ who are not currently SAPA members. We would like to encourage the membership to personally invite anyone they know who is not a SAPA member to attend.

### **Communications Committee Update**

The Communications Committee is looking for additional members. If you would like to work on helping SAPA collaborate with each other and with the larger community through technology, this committee is for you! Contact Roxana Samaniego at [rysam@cox.net](mailto:rysam@cox.net) for more information.

### **Other News:**



SAPA is trying to build a team to participate in this year's NAMI walk. The walk is on Saturday, March 29 at Kino Veterans Memorial Stadium (2500 E. Ajo Way). Registration starts at 7am and the walk starts at 9am. There are 3k and 5k walks. Like last year, SAPA will pay for the team t-shirts, and we will collect donations from SAPA members. You don't have to attend the walk in order to make a donation, and you don't have to walk to be part of the team (you can just come to hang out). Donations will be available via mail and online on our team page. More information will be available in

available via mail and online on our team page. More information will be available in the weeks to come. <http://www.namiwalksaz.org/>



#### ALSO OF NOTE

SAPA is now on Facebook! Find us at  
<http://www.facebook.com/sapatucson>

Did you know you can access the SAPA membership directory on our website? Go here and use your password "mysapa2014". Click on the "Membership Directory" to pull up the directory and you have the option of viewing it online or printing it out.

## Upcoming SAPA Events

### *End of Life Care*

**Tuesday, February 18<sup>th</sup> from 12:00 to 1:30 at the Arizona Inn**

Don't miss this CE Luncheon presentation by **Trish Falcon, PsyD** on **Cultural Considerations in End-of-Life Care**.

### *Domestic Violence and Child Abuse*

**Saturday, February 22 from 10:00-2:30, La Frontera**

Don't miss this Saturday CE Event for 4 of the required Domestic Violence / Child Abuse CE's for Arizona licensure. **Dr. Faren Akins, PhD, JD and Vera Akins JD** will be presenting an engaging talk on **MYTH BUSTING AND FACT FORGING: IMPORTANT QUESTIONS & INTERESTING ANSWERS RELATING TO DOMESTIC VIOLENCE AND CHILD ABUSE**.

### *Youth Psychiatric Diagnosis and Treatment*

**Tuesday, March 18<sup>th</sup> from 12:00 to 1:30 at the Arizona Inn**

Don't miss out on this CE Luncheon presentation by **Sandy Stein, MD**. This presentation will focus on common youth psychiatric diagnosis and treatment interventions inclusive of ADHD, ODD, CD, Depressive and Anxiety Disorders.

### *Treatment of PTSD – Dr. Donald Meichenbaum*

**Tuesday April 8 from 8:30 to 4:00 at the Arizona Inn**

Don't miss this event co-sponsored by SAPA. SAPA members receive a discount. This is a rare opportunity to see one of the founders of CBT present in Tucson. Dr. Meichenbaum will be presenting on **The Treatment of Individuals with PTSD, Complex PTSD, and Comorbid Disorders: Ways to Bolster Resilience**.



## Other Events

Sapa does not sponsor or endorse the following events.



### The Treatment of Eating Disorders from a Psychodynamically-Informed Perspective: Why, When, and (Maybe Even) How

Presented by: Barbara E. Pritchard, Ph.D.

Saturday, February 8, 2014 9:00 AM to 12:00 PM

Pima County Medical Society, 5199 E. Farness Dr., Tucson, AZ

To register for this event, please mail in this form or email John Rosegrant at [rosegrantj@gmail.com](mailto:rosegrantj@gmail.com) to let him know that you are planning to attend. You can pay at the door but please also register via mail or email. *This program offers 3.0 hours of Category I credits.*

Building Emotional Muscle in Children and Parents Presented by Jack Novick, PhD and Kerry Kelly Novick

March 21, 2014, 7:00 pm - 8:30 pm

Grace St. Paul's Episcopal Church, 2331 E. Adams St. Tucson, AZ United States

For More information, go [here](#).

**The Power of Perversion presented by Jack Novick, PhD and Kerry Kelly Novick**

March 22, 2014 from 9:00 am to 4:00 pm

Hacienda del Sol, 5501 N. Hacienda del Sol Rd., Tucson, AZ



Challenges in Psychological Practice

Date: Sat., Mar. 8, 2014

Southwest Continuing Ed, LLC ([www.southwestce.com](http://www.southwestce.com)) presents a full day grand-opening seminar addressing various challenges in psychological practice (6 CE's):

- The Medical Noncompliance Puzzle: Health Psychology Solutions (Trish Falcon, PsyD, CHP, CBIS)
- Addressing Bullying: Strategies for Treating Both the Bully and the Bullied (Katy Hopkins, M.Ed.)
- Ethics in Parenting and Child Custody Evaluations (Brenda M. Sparrold, PhD)
- Understanding and Treating Sexual Addiction (Shannon Sticken, PsyD, CSAT)
- Adolescentophobia (The Fear of Adolescents) (Holly Joubert, PsyD)

Times: 9:00 - 4:00 PM (Check-in at 8:30)

Location: Westward Look Resort, Tucson, AZ

For more info & to register: [www.southwestce.com](http://www.southwestce.com)



Department of Psychology

## **SUCCESSFUL AGING: REDUCING YOUR RISK FOR ALZHEIMER'S DISEASE**

Friday, February 21st, 2014

7:30 am to 5:00 pm

DoubleTree by Hilton Hotel Tucson-Reid Park

This program has been approved for 6.5 CE credits for psychologists. This year's conference will focus on Alzheimer's disease, the most common form of dementia. Our experts will review the causes, symptoms, and promising new treatments for Alzheimer's disease. In particular, we will discuss the most up-to-date scientific information on ways to reduce the risk for developing this disorder.

### ***2014 CBCT Meditation Course***

The University of Arizona has been chosen to host the first Cognitively-Based Compassion Training (CBCT) Course in the southwestern United States. Please join us March 7-9, 2014 in Tucson, AZ for this intensive 3-day retreat led by CBCT founder Geshe Lobsang Negi, PhD, from the Emory-Tibet Partnership. The course will offer participants the rare and unique opportunity to understand the theory and practice of the highly acclaimed CBCT program.

Friday March 7, 2014: 4:00 - 8:00 PM

Saturday, March 8, 2014: 9:00 AM - 5:00 PM

Sunday, March 9, 2014: 8:00 AM - 4:15 PM

The Diverse Voices in Prevention subcommittee is looking for presentations for the 7th Annual DVIP Conference. The Theme this year is: We are Many, We are One. It will take place at the Pima Community College downtown campus April 22 & 23, 2014. This is an opportunity for presenters to share their knowledge and experience in preventing substance abuse in different cultures that attendees can put to practical use at their job or in the communities they serve. We are looking for dynamic and engaging speakers to present on one of these days. All prevention providers, including practitioners, researchers, and others are greatly encouraged to submit proposals. If you have any further questions, please contact Shaundra Higgins at 205-4783 or [shiggins@compasshc.org](mailto:shiggins@compasshc.org).

**April** is Child Abuse Prevention Month. Join us in celebrating the champions in our community. Child & Family Resources is accepting nominations for our 5th Annual "Champions for Children & Families" awards. A select group of people who go above and beyond in making children's lives better will be honored. Winners will be announced at the event. Child & Family Resources recognizes that the work of individuals and groups is vital to the prevention of child abuse.

- [Lifetime Achievement Award](#)
- [Emerging Champion Award](#)
- [Champion for Children & Families Award](#)

NOMINATIONS ARE DUE BY MARCH 3, 2014

[www.ChildFamilyResources.org](http://www.ChildFamilyResources.org)

---

[Unsubscribe](#) • [Update Subscription Preferences](#)



Forward this  
to a friend



Follow us  
on Twitter



Friend us  
on Facebook

---

This email was sent to [<< Test Email Address >>](#)

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Southern Arizona Psychological Association · Southern Arizona · Tucson, Az 85711 · USA

MailChimp.