
SAPA Digest 3-25-14

SAPA
Southern Arizona Psycholo...

|March 25|



|2014|

A MESSAGE FROM

SAPA

REMINDER: Call for Comments on Proposed Bylaws Revision

Dear SAPA members,

The Executive Committee, with input from the Board of Directors, has been working on a revision of our 2010 Bylaws. At this point, we would like to request input from the membership on the final draft of the proposed amendment. You can find the proposed amendment, as well as the current 2010 Bylaws, by going [HERE](#) and entering in your member password: *mysapa2014*. Click on "Proposed Bylaws Revision" for the full documents.

Please submit your comments, questions, or general feedback by Monday, April 14, by emailing Marisa Menchola at menchola@email.arizona.edu.



Dear SAPA friends.

Dear Sir/Madam,

Please join SAPA's team for the 2014 National Alliance on Mental Illness (NAMI) Southern Arizona Walk. There are multiple ways in which you can support the walk:

1. Walk with us!

The Southern Arizona NAMI Walk is on **Saturday, March 29 at the Kino Veterans Memorial Stadium** (2500 E. Ajo Way). The walk starts at 9am. There are 3K and 5K walks.

To join our team, visit our team page at <http://namiwalks.nami.org/SAPA>, and click on "Walk with Us." SAPA will be providing t-shirts to all walkers, so please send an email to menchola@yahoo.com with the number of people what will be joining us for the walk.

2. Make a donation

You don't have to walk to make a donation! Just go to our team page at <http://namiwalks.nami.org/SAPA> and click on "Support Us." If you prefer to mail your donation, please email menchola@yahoo.com for details.

Please help SAPA make a strong contribution to NAMI Southern Arizona. If you have any questions, email me at menchola@yahoo.com.

See you on the 29th!

Marisa Menchola
SAPA's NAMI Walk Team Captain



SAPA Happy Hour

SAPA would like to invite you for an evening of good food, new friends, networking, and fun on April 4th, 2014. Bring your appetite, business cards, and any prospective new SAPA members.

Location: Old Pueblo Grill

Time: 5:30 - 7:30

Provided: Appetizers and a cash bar

This year SAPA is focusing on not only building our SAPA community but also getting more involved in our Tucson community!

For more information and to RSVP, simply click [here](#).

Accepting Applications for SAPA's First Research Day

Research Day is an opportunity for psychologists, psychology students, interns, and postdocs from Tucson and the surrounding areas, to share information about their ongoing or completed research projects with others in the psychological community. There will be options for oral presentations and/or poster presentations.

Research day will be held on **Saturday, May 3rd from 10:00 AM - 1:00 PM** at La Frontera (502 W. 29th St., Tucson, AZ 85713).

The event will be free for all presenters and their guests. There will be a small fee for psychologists from the community who are interested in receiving CE's.

Click [HERE](#) for the application. Please email the completed form **by April 5th** to Jane Hamilton (info@ranchobosque.com).

Communications Update:

The Communications Committee is actively working on ways to improve how we interact with our members as well as provide information to the public. If you have information that you would like included in this digest, a referral request, or a general question, please send those requests to sapaweb@gmail.com. On our website, you can find an updated calendar of events, links to event registrations, a local Find a Psychologist list, and other useful links. Find us at www.sapaonline.org.



Upcoming SAPA Events

Find these and all other events on our [SAPA Calendar](#).

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To RSVP, simply click [here](#).

Treatment of PTSD – Dr. Donald Meichenbaum

Tuesday April 8 from 8:30 to 4:00 at the Arizona Inn

Don't miss this event co-sponsored by SAPA. SAPA members receive a discount. This is a rare opportunity to see one of the founders of CBT present in Tucson. Dr. Meichenbaum will be presenting on The Treatment of Individuals with PTSD, Complex PTSD, and Comorbid Disorders: Ways to Bolster Resilience.

SAPA's First Research Day

Research day will be held on **Saturday, May 3rd from 10:00 AM - 1:00 PM** at La Frontera (502 W. 29th St., Tucson, AZ 85713). This event is co-sponsored by The Southern Arizona Psychology Internship Center (SAPIC).



Do you have information for the Digest? Send it to
sapaweb@gmail.com

Other Events and Announcements

Sapa does not sponsor or endorse the following events.



Intuition Wellness Center, a private practice in NW Tucson, is currently looking for a licensed clinician to join our small team. We are particularly interested in hiring a clinician who shares our commitment to lifelong learning; who enjoys working with children, adolescents, and adults; and who brings a unique set of skills and talents that is complimentary to those of our current team members.

For a more comprehensive description of the position, please see
<http://www.intuitionwellness.com/careers.html>.



IAEDP Tucson Education Event
Nicole Siegfried, PhD, CEDS
Matters of Life and Death: Eating Disorders and Suicide
Date: Wednesday, April 9, 2014
3.0 CE credits will be provided by Sierra Tucson



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