



Southern Arizona Psychological Association

Our Mission: To outreach and support all Southern Arizona psychologists and engender a sense of community and cohesiveness.

Continuing Education Event

The Psychology of Divorce

David A. Sbarra, Ph.D.

Description: Nearly 40% of all first marriages end in divorce, and a substantial portion of adults report considerable emotional difficulties when their relationships end. This intermediate presentation will review findings from several research studies on the topic of marital separation and "divorce adjustment." The presentation will review findings regarding the psychological stress of divorce, who is at greatest risk for poor outcomes when relationships end, and why this might be the case. Finally, the presentation will discuss how science can be applied to interventions when working with separating adults.

This Intermediate presentation will help psychologists:

1. Explain the latest research on who is at most risk for poor mental health outcomes when marriage ends in divorce.
2. Summarize research linking the psychological stress of divorce with physical health outcomes.
3. Explain the relevance of basic science to applied interventions with separating adults.

About the Speaker: Dr. Sbarra, a licensed clinical psychologist, serves as an Associate Professor and Director of Training in The Department of Psychology at The University of Arizona. He has published over 40 scientific research articles and 10 book chapters on divorce, marital separation, and non-marital breakups. He has received numerous honors including being named 2012 Outstanding Professor by the University of Arizona Honors College. There are no conflicts of interest to report.

Date:	Tuesday, Sept. 16, 2014	SAPA Members	
Time:	12:00 – 1:30 PM (Lunch Provided)	Early Bird (until 8/19/14)	\$22
		Regular Reg. (after 8/19/14)	\$25
Location:	Arizona Inn 2210 East Elm Street Tucson, AZ 85719	Walk-In (space permitting)	\$35
		Non-SAPA Member	
		Registration (Opens 8/19/14)	\$35
		Walk-In (space permitting)	\$40
CE's:	1 CE for Psychologists	Students/Interns/Postdocs	\$15

Registration deadline is Thursday, Sept. 11, 2014. It is preferred that registration be completed online. For more information about the event, visit SAPA (<http://www.sapaonline.org/events>) or go directly to the registration page (<http://sapadivorce.eventbrite.com>). You will be able to indicate any needed accommodations or dietary preferences when you register. Walk-in space cannot be guaranteed. If you have any registration difficulties, want to pay by check, or need to check walk-in availability, contact Patricia Beldotti, PsyD (drbeldotti@aol.com or 520-282-2590). Cancellation and refund deadline is 9/11/14.

Continuation Education Credits:

This event is offered for one (1) Category 1 CE Credit. Participants must sign in, be present for the entire presentation, and complete the Evaluation Questionnaire in order to obtain a CE Certificate. The Southern Arizona Psychological Association (SAPA) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. SAPA maintains responsibility for all of its programs and content. Questions about this presentation may be addressed to drbeldotti@aol.com.

The Psychology of Divorce

David Sbarra, Ph.D.

Sept. 16, 2014 ~ 12:00 - 1:30 PM

CE Luncheon at Arizona Inn

Save the Dates:

Tues., October 7, 2014 ~ SAPA CE Luncheon
Arizona Inn, 12:00-1:30 PM

Fri., November 7, 2014 ~ SAPA Evening Networking & CE Event
Pima County Medical Society Building, 5:00-7:00 PM



Duffy Wagman, President
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Tucson, AZ 85718

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