



Southern Arizona Psychological Association ***Continuing Education Event***

Get 1 CE by Attending:
The Transformational Process – How People Change and How We Can Assist Them

Ann Marie Chiasson, MD, MPH
Tuesday, November 17, 2015 from 12:00 - 1:30 PM
CE Luncheon at Child & Family Resources (2800 E. Broadway Blvd.)

Description

This presentation will discuss different models of behavior change from a multi-cultural perspective, including current psychological methods and narrative medicine, as well as traditional rituals and practices. We will explore the importance of the input from the autonomic nervous system in transformation. Finally, we will discuss ways to incorporate these tools to assist clients with change through case presentations.

This intermediate presentation will help participants:

1. Describe the basic models of behavior change for clients
2. Describe the basics of narrative medicine and ritual for change
3. Describe potential failures or errors in client plans for behavior change
4. Explain the involvement of the autonomic nervous system for change and resistance

About the speaker

Ann Marie Chiasson, MD, MPH, is board-certified in family medicine and in hospice and palliative medicine. Dr. Chiasson graduated with honors from Dalhousie School of Medicine in Halifax, Nova Scotia, Canada, and completed a residency in family medicine at the University of British Columbia and a master's degree in public health from the Johns Hopkins Bloomberg School of Public Health. She completed a fellowship in Integrative Medicine at the Arizona Center for Integrative Medicine (AzCIM) in 2004 and is now the Assistant Director of the fellowship; her work includes developing curriculum and teaching Integrative Medicine to medical students, residents and fellows and at AzCIM. Additionally, Dr. Chiasson has worked extensively as a Medical Director in hospice in Tucson and as an Integrative Family Medicine physician in Tucson and Canada. She has authored multiple publications on energy medicine and teaches integrative medicine and energy medicine around the country.

Date: Tuesday, November 17, 2015

Time: 11:40 Check in

12:00 - 12:30 Lunch (buffet catered by Chipotle)

12:30 - 1:30 Program

Location: Child & Family Resources

2800 E Broadway Blvd., Tucson, AZ 85716

CE's: 1 CE

Registration Fees:

SAPA Members

Early Bird (before 11/3) \$18

Regular (11/4 or after) \$20

Non-SAPA (opens 11/4) \$25

Students/Interns \$10

Registration deadline is 11/12/15.

It is preferred that registration be completed online at <http://transformational-process.eventbrite.com>. You will be able to indicate any needed accommodations or dietary preferences when you register. Walk-in space cannot be guaranteed. Lunch cannot be guaranteed for walk-ins. If you have any registration difficulties or questions, contact Patricia Beldotti, PsyD (drbeldotti@aol.com or 520-282-2590). Cancellation and refund deadline is 11/12/15.



Continuation Education Credits

These events are offered for one (1) Category 1 CE Credit. Participants must sign in, be present for the entire presentation, and complete the Evaluation Questionnaire in order to obtain a CE Certificate.

Southern Arizona Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. Southern Arizona Psychological Association maintains responsibility for this program and its content.